

RESILIENCE

THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE



The child may not remember,

But the body remembers.

RESILIENCE chronicles the birth of a new movement among pediatricians, therapists, educators and communities, who are using cutting-edge brain science to disrupt cycles of violence, addiction and disease. This one-hour documentary delves into the science of Adverse Childhood Experiences (ACEs) and the birth of a new movement to treat and prevent Toxic Stress. Now understood to be one of the leading causes of everything from heart disease and cancer to substance abuse and depression, extremely stressful experiences in childhood can alter brain development and have lifelong effects on health and behavior.

“This is the biggest public health discovery we’ve ever seen.” ~ Laura Porter, Co-Founder, ACE Interface

The OK25by25 Early Childhood Coalition invites you to join in the discussion via our virtual community at www.ACEsConnection.com/g/raising-resilient-oklahomans and “like” the @ok25by25 Facebook page

If you would like to learn more about this film, go to the link below to view the documentary trailer. <https://kpjrfilms.co/resilience/> and a short ACEs Primer at <https://kpjrfilms.co/resilience/bonus-content/>

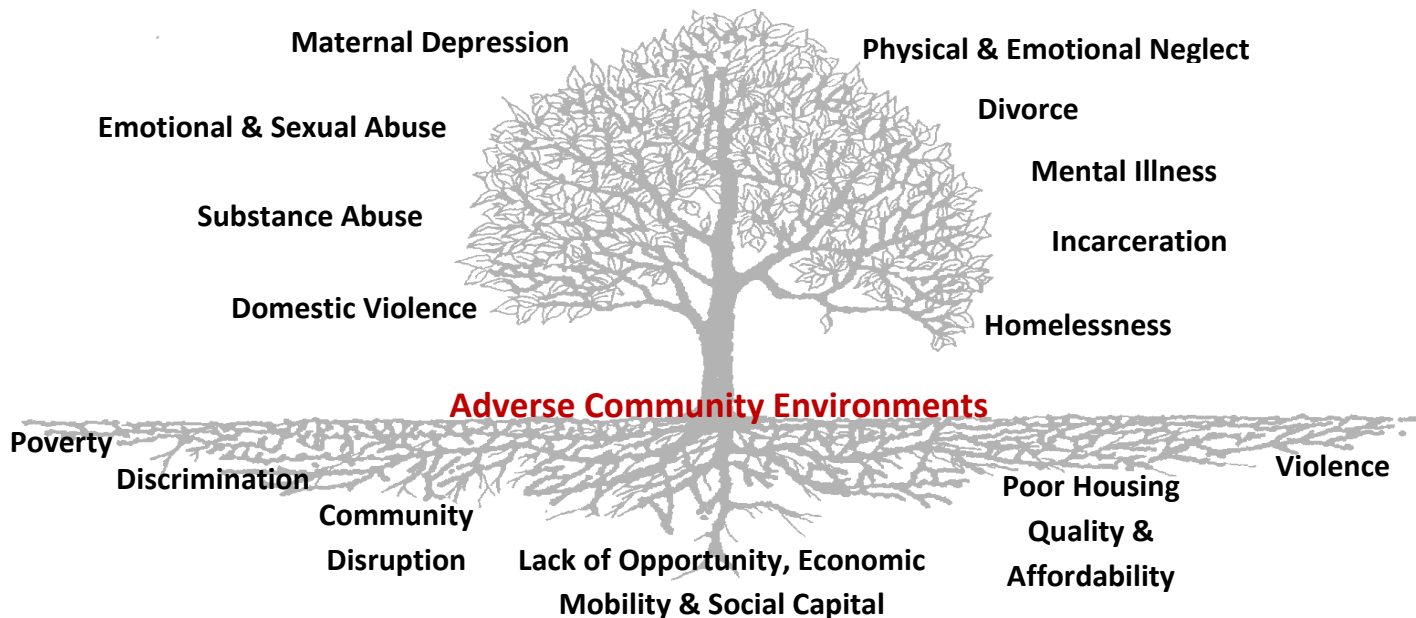
Contact: **Linda Manaugh** at lmanaugh@pottsfamilyfoundation.org or 405.486.4955 if you would like to learn more about hosting a showing of the film for a group setting.

Table 4. States in the Lowest and Highest Quartiles for Prevalence of Reported Adverse Childhood Experience, and State Percentage Prevalence

	Economic hardship		Divorce/ Separation		Alcohol/ Drug		Mental illness		Violence		Incarceration		Death		Domestic violence	
Lowest Quartile	MD	20	DC	15	NY	6	CA	5	NJ	5	NJ	3	CT	1	NJ	5
	HI	21	NY	15	DC	7	FL	6	CT	6	NY	4	UT	2	CT	5
	VA	21	NJ	15	VA	8	GA	6	UT	6	CT	5	ME	2	VT	6
	SD	21	CT	16	GA	8	NJ	6	VA	7	RI	5	MN	2	MA	6
	MA	22	IL	16	CT	8	NY	7	NE	7	CO	5	WA	2	VA	6
	MN	22	CA	17	MD	8	IL	7	NH	7	MA	5	ND	2	IL	6
	ND	22	MD	17	IL	9	MD	7	TX	7	UT	5	NE	2	CO	6
	IA	22	HI	17	NJ	9	HI	7	ND	7	MN	5	IA	2	MD	6
	NY	22	UT	17	FL	9	DC	8	IA	7	HI	5	SD	2	RI	7
	NJ	22	VA	18	NC	10	SD	8	WI	8	NH	5	NV	2	UT	7
	CT	22	RI	19	TX	10	VA	8	FL	8	CA	5	CA	2	CA	7
	NE	22	PA	19	CO	10	CT	8	CA	8	VA	6	NJ	2	TN	7
Highest Quartile	RI	29	WY	25	IN	13	KY	11	NY	10	AR	9	NC	4	IN	8
	WV	29	NM	25	WV	14	NH	11	AK	11	WV	9	OH	4	OH	8
	TX	29	TN	25	ID	14	MI	11	IN	11	NE	9	KY	4	NC	9
	ME	29	ID	25	ME	14	WA	12	HI	11	WY	9	IN	4	AK	9
	KY	30	AR	26	KY	14	OK	12	AZ	11	AK	10	SC	4	AR	9
	NV	30	MI	26	VT	15	WV	12	WV	11	TN	10	LA	4	AZ	9
	OK	30	MT	26	AK	15	IA	13	DE	12	NM	10	NM	4	NM	9
	FL	30	VT	26	AZ	15	WY	13	MS	12	MI	10	GA	5	WV	9
	TN	31	ME	27	NM	17	ME	13	NM	12	OH	10	OK	5	KY	10
	MS	32	WV	28	OR	17	ID	13	OH	13	OK	10	AL	5	MT	10
	AR	33	KY	29	OK	17	OR	14	OK	13	IN	11	MS	6	MS	11
	AZ	34	OK	30	MT	18	MT	14	DC	17	KY	13	DC	7	OK	11

The Pair of ACEs

Adverse Childhood Experiences



Ellis W. & Dietz W.A New Framework for Addressing Adverse Childhood and Community Experiences: The Building Community Resilience (BCR) Model, Academic Pediatrics (2017)